



# The Art of Listening Workshops

Tuesdays, 6:30-8:30 p.m.

February 5, February 12, February 19, February 26

Co-sponsored by:

Newport Way Library 14250 SE Newport Way, Bellevue, 98006



kcls.org

Do you listen well? Have you experienced what it is like to be truly listened to? Becoming practiced at the way you listen to others will dramatically improve your focus, your relationships, your inner peace, and your professional life. In this 4 week workshop series you will learn how to be a more artful, peaceful and attentive listener, and have the experience of being truly listened to.



Co-sponsored by the City of Bellevue Conflict Resolution Center

Registration recommended.

Please contact [BCRC@bellevuewa.gov](mailto:BCRC@bellevuewa.gov) or 425-452-4091 to reserve your spot.